



Choosing your Pendulum.

Set the intent that you wish to purchase a pendulum that you can work with, that will resonate with your highest best interest and provide clear and concise responses.

Cleansing your Pendulum

Smudging - using incense or white sage. Pass the pendulum through the smoke with the intent of cleansing away all negative and blocks that the pendulum may be holding on to.

Place in the palm of one hand and cover with the other and send love and light to the pendulum with the same loving intent as for smudging.

Salting - place in dry salt and wash or clean off salt residue when finished. Leave for as long as you feel is necessary in the salt. Wash in water - to help move all heaviness and negativity.

NB: always be mindful of the type of material of the pendulum. For example, some crystals you should not place in water.

Programming your Pendulum

Carry your cleansed pendulum around with you for a while, just to let both your energies to merge.

Hold the pendulum in front of you or in the palm of one hand and look directly at the pendulum and send it unconditional love.

Ask that the pendulum always work with you with the highest of light intentions and accuracy.

YES or NO

To work out which way the pendulum is going to swing for a 'Yes' or 'No' answer hold the pendulum in your dominant hand so that it is hanging freely.

Do not put your other hand under it.

Now, ask how will the pendulum move for a 'Yes' answer - take note.

Ask how will the pendulum move for a 'No' answer - take note.

Enjoy the wonderful world of using Pendulums.